



## COVID-19 Guidance for Group Home Staff

### **Visitors to the home**

There will be **no visitors** to the home with the exception of:

- Medically necessary visits from external sources like the Visiting Nurse Association (VNA).
- Maintenance workers or contractors performing emergency repairs.
- Visits for individuals in end of life situations.

You will be notified by your supervisor of an exception in your home. Any approved visitor entering the home must be screened prior to entry per the below protocol. Deliveries will be left at the door, or will be received outside the door.

### **Screening**

Staff will be screened prior to entering the home for their shift.

- Ask whether staff feel any symptoms (fever, cough, difficulty breathing) and take their temperature.
- Anyone with a fever (100.4 F or over) or symptoms of illness will not be admitted to the home.
  - Disinfect thermometer after each use, per the manufacturer instructions.
- Staff must wear a facemask, wash hands when entering and exiting home, and practice social distancing.

### **Cleaning**

Use the attached cleaning checklist to ensure the home is thoroughly cleaned at least once per shift. Areas which are touched more often (door knobs, light switches, tablets, and phones) should be cleaned more frequently. Use the appropriate cleaning supplies provided at the house. Keeping the house clean will help protect residents and staff.

### **Handwashing**

Staff and residents should wash their hands frequently with soap and warm water for at least 20 seconds. Consider posting signs as a reminder. Also, discourage residents from touching their face, nose, eyes, and mouth.

### **Face Masks**

Staff should wear a facemask, such as a surgical mask, during their shift. Resident showing symptoms should wear a facemask, if safely able to do so. Facemasks may include cloth face coverings only if approved PPE is not available.

### **Social Distancing**

Social distancing, or staying six feet apart, should be practiced within the home by all, to the extent possible.

### **Exercise**

It is important to help residents have some balance in their day and that includes regular exercise. Options include:

- Watch and follow online exercise classes. There are a number of free classes available online.
- Take walks in areas which would not be crowded. Insure that the residents practice proper social distancing and wear a facemask. Community walks should be on a 1:1 staff basis.

### **Quality of Life**

This is a challenging time for all. Routines have been disrupted and all of us are more isolated. It is important to help support individuals to communicate with friends and family via phone call, FaceTime, Zoom, or other social media platforms. Try to provide daily structure for the residents and schedule activities, such as games, projects, art, music, exercise, planning future vacations, or virtual tours. Try to have some fun and please maintain social distancing.

### **If You Feel Something, Say Something**

If you detect a sign or symptom of COVID 19 in yourself, or a resident; TAKE ACTION to keep everyone safe and notify your supervisor.



## Daily Cleaning Checklist for START of EVERY SHIFT

### Bedrooms

- Light Switches
- Closet Light Switches
- Dresser Door Knobs
- Lamp Switches
- Radio Remotes
- Door Handles
- Closet Door Handles
- Bed Rails
- TV and Bed Remotes
- Tablet, Computers, Phones
- Humidifier Knobs
- Recliner Buttons

### Laundry Room

- Washer Buttons
- Dryer Buttons
- Commode Arms
- Dryer Door Handle
- Light Switches
- Sink Faucet Handle
- Soap Buttons/Lids
- Washer Door Handle

### Bathrooms

- Light Switches
- Faucet Handles
- Soap Bottles/Tops
- Toilet Seat/Lid
- Toilet Handle
- Shower/Tub Handle/Hose Sprayer
- Cabinet Handles Tops/Side of Door
- Drawer Handle Tops/Sides
- Shower Caddy Handles
- Hand Rails
- Shower Chair

### Common Areas

- Light Switches
- Door Knobs Inside and Outside
- Door Locks
- Cabinet Handles/Locks
- Thermostat

### Miscellaneous

- Wheelchair Arm Handles
- Wheelchair Brake Handles
- Wheelchair Foot Pedals
- Wheelchair Handles
- Wheelchair Recline Handles

### Med Room

- Med Cabinet
- Med Cabinet Handles
- Pens
- Med Caddies
- Med Locks
- Fridge Handles/Door Top/Side
- Lamp Switches
- Light Switches
- Any Med Books Touched
- Desk Handles
- Door Handles
- Med Keys
- Phones

### Kitchen/Pantry

- Cabinet Handles
- Drawer Handle/Tops
- Phones
- Any Books Touched
- Fridge Handles/Door Top/Side
- Freezer Handle/Door Top/Side
- Light Switches
- Door Handles
- Kitchen Faucet Handles
- Soap Tops/Bottles
- Coffee Pot Buttons
- Stove Top/Knobs/Handle
- Dishwasher Handle/Buttons
- Microwave Buttons
- Counters
- Toaster Buttons
- Food Processor Buttons
- Hood Vent/Buttons

### Living Rooms

- Phones
- TV Remotes
- Light Switches
- Lamp Switches
- Recliner Buttons/Handles
- Computer Keyboard/Mouse
- Radio Buttons

**Date :** \_\_\_\_\_ **Initial**

**1st shift :** \_\_\_\_\_

**2nd shift :** \_\_\_\_\_

**3rd shift :** \_\_\_\_\_