

Beaverbrook STEP, Inc. Enriched Lives..... Enlightened Communities 85 Main St. 2nd floor Watertown, MA 02472 (617) 926-1113 www.beaverbrookstep.org

A private, non-profit corporation dedicated to enhancing the quality of life of individuals with developmental disabilities in Belmont, Waltham, Watertown, Brighton, Brookline & surrounding communities.



DONATE CLOTHES AND ACCESSORIES TO OUR STORES Sweet Deals Thrift Boutique next door to Gifts at Peppermint Place An Elegant & Fun Gift Store 5 Lexington St. Waverley Square BELMONT, MA 02478



## BEAVERBROOK NFWS

May<u>, 2015</u>

## PLEASE JOIN BEAVERBROOK STEP'S NEW E-MAIL LIST

Dear Beaverbrook STEP friends and family members,

Beaverbrook STEP, Inc. is pleased to announce that we have joined Constant Contact in order to serve you better. Information will now be e-mailed directly to you, providing timely electronic access to our latest newsletters, advocacy bulletins, e-blasts and other reports.

Please take a few minutes to help us establish an accurate e-mail list for your family. You may sign up one or more email addresses (please attach a list), so remember to include other family members such as adult siblings, aunts & uncles and close friends.

The easiest way to sign up is complete the form below and return it to Beaverbrook STEP in the enclosed envelope. Or you can go on-line to our newly designed website home page at www.beaverbrookstep.org. At the bottom of our web page click on "Sign up now for e-news," and complete the sign up form. It's quick and easy and, in return, you will receive an e-mail Welcome Letter from STEP.

	<u>SIGN UP NOW</u>
	NAME:
5	E-MAIL ADDRESS:@
	HOME ADDRESS:
	TELEPHONE:
	U.S. Postal Delivery Requested (I have no e-mail access)
	How to Return Your Information
	SEND TO: Beaverbrook STEP, Inc., 85 Main St., 2nd floor, Watertown, MA 02472
	<b>PHONE:</b> Call Phyllis at (617) 926-1113

ON-LINE: Sign up on our Website- www.beaverbrookstep.org

Thank you,

Virginia A. Connolly

# **Specialized Support Services**

## MISSION AND PHILOSOPHY

Beaverbrook STEP is an organization committed to serving adults with intellectual, developmental, medical and other related disabilities. Using a person centered planning approach, our services are individually designed in partnership with each person served.

As an organization established in 1973, STEP helped to pioneer a comprehensive and inclusive system of community based day and residential services for people with disabilities. Our long standing philosophy and traditions continue to focus on supporting each person to realize his/her own personal life vision by providing flexible, personalized and quality supports that promote community inclusion and selfactualization.

Our mission includes providing individuals with the training, support and opportunities they need to fully experience the benefits of community living, as well as educating our community to understand and appreciate the unique gifts and talents of all of its members regardless of ability.

#### **POPULATION SERVED**

Beaverbrook STEP serves a very diverse population of individuals with disabilities in eastern Massachusetts, ages 18 to 85. In addition to serving adults with intellectual and developmental disabilities, STEP serves individuals with Autism Spectrum Disorders, adults with dual diagnoses who need mental health and behavioral supports, and adults with complex and multiple physical and medical

## PROGRAMS AND SERVICES

Beaverbrook STEP's programs and services are organized into 5 major categories:

- RESIDENTIAL
- 24 Hour Supervised Residences
- Individual Support Services/Independent Living
- Group Living (less than 24 hour staff supports)
- Shared Living with a Family, Roommate or Caretaker

#### DAY PROGRAMS

- **Options Alternative Services**
- **Options Unlimited Services**
- **Options Employment Services (Behavioral Focus)** 
  - $\Rightarrow$  Gifts at Peppermint Place
  - $\Rightarrow$  Sweet Deals Thrift Boutique

#### FAMILY SUPPORT RESOURCES

- Family Support Newsletter
- **Respite Care Services**
- Self-Directed/Agency with Choice Provider Services

#### **COMMUNITY & RECREATION**

- Community Involvement/ Self-Advocacy Board
- Recreation, Education, Civic and Leisure Activities

#### SPECIALIZED FOCUS AREAS

- Turning 22 Transitions: School to Work & Adult Services
- Mental Health/ABA Behavior Management Services
- Medical Services & Elder Supports
- Autism Spectrum Disorder Services
- **Guardianship and Conservatorship Services**

"As the needs of people with intellectual, developmental and medical disabilities have changed over the years, Beaverbrook STEP has actively embraced new technologies, medical advances, educational strategies and accessible housing models designed to enhance services to people with disabilities. We are strategically positioned to meet the needs of people with special needs well into the 21st Century and beyond."

Virginia A. Connolly, MEd, LMHC, LCSW

**Executive Director** Beaverbrook STEP, Inc.



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